

Aberrant Behavior Checklist

Please rate the child's behavior for the last 4 weeks according to the scale below.

0 =	Not at all a problem
1 =	The behavior is a problem, but slight in degree
2 =	The problem is moderately serious
3 =	The problem is severe in degree

Please keep the following points in mind:

- a. Take relative frequency into account for each behavior specified. For example, if the child averages more temper outbursts than most other children, it's probably moderately serious or severe, even if it occurs only once or twice a week. Other behaviors, such as noncompliance, would probably have to occur more often to merit an extreme rating.
- b. Consider how the child behaves with others, not just with you. Try to take the whole picture into account.
- c. Try to consider whether a given behavior interferes with the child's *development, functioning or relationships*. For example body rocking or social withdrawal might not disrupt other people, but it probably hinders individual development or functioning.

Do not spend too much time on each item – your first reaction is usually the correct one.

1. Excessively active at home, school, work, or elsewhere	0	1	2	3
2. Injures self on purpose	0	1	2	3
3. Listless, sluggish, inactive	0	1	2	3
4. Aggressive to other children or adults (verbally or physically)	0	1	2	3
5. Seeks isolation from others	0	1	2	3
6. Meaningless, recurring body movements	0	1	2	3
7. Boisterous (inappropriately noisy and rough)	0	1	2	3
8. Screams inappropriately	0	1	2	3
9. Talks excessively	0	1	2	3
10. Temper tantrums/outbursts	0	1	2	3

11. Stereotyped behavior; abnormal, repetitive movements	0	1	2	3
12. Preoccupied, states into space	0	1	2	3
13. Impulsive (acts without thinking)	0	1	2	3
14. Irritable and whiny	0	1	2	3
15. Restless, unable to sit still	0	1	2	3
16. Withdrawn; prefers solitary activities	0	1	2	3
17. Odd, bizarre in behavior	0	1	2	3
18. Disobedient, difficult to control	0	1	2	3
19. Yells at inappropriate times	0	1	2	3
20. Fixed facial expression; lacks emotional responsiveness	0	1	2	3

Unless otherwise indicated, all materials on these pages are copyrighted. All rights reserved. No part of these pages, either text or image may be used for any purpose other than personal use.

21.	Disturbs others	0	1	2	3
22.	Repetitive speech	0	1	2	3
23.	Does nothing but sit and watch others	0	1	2	3
24.	Uncooperative	0	1	2	3
25.	Depressed mood	0	1	2	3
26.	Resists any form of physical contact	0	1	2	3
27.	Moves or rolls head back and forth repetitively	0	1	2	3
28.	Does not pay attention to instructions	0	1	2	3
29.	Demands must be met immediately	0	1	2	3
30.	Isolates himself/herself from other children or adults	0	1	2	3

31.	Disrupts group activities	0	1	2	3
32.	Sits or stands in one position for a long time	0	1	2	3
33.	Talk to self loudly	0	1	2	3
34.	Cries over minor annoyances and hurts	0	1	2	3
35.	Repetitive hand, body, or head movements	0	1	2	3
36.	Mood changes quickly	0	1	2	3
37.	Unresponsive to structured activities (does not react)	0	1	2	3
38.	Does not stay in seat (during lesson, training session, meals, etc.)	0	1	2	3
39.	Will not sit still for any length of time	0	1	2	3
40.	Is difficult to reach, contact, or get through to	0	1	2	3

41.	Cries and screams inappropriately	0	1	2	3
42.	Prefers to be alone	0	1	2	3
43.	Does not try to communicate by words or gestures	0	1	2	3
44.	Easily distractible	0	1	2	3
45.	Waves or shakes the extremities repeatedly	0	1	2	3
46.	Repeats a word or phrase over and over	0	1	2	3
47.	Stamps feet or bangs objects or slams doors	0	1	2	3
48.	Constantly runs or jumps around the room	0	1	2	3
49.	Rocks body back and forth repeatedly	0	1	2	3
50.	Deliberately hurts himself/herself	0	1	2	3

51.	Pays no attention when spoken to	0	1	2	3
52.	Does physical violence to self	0	1	2	3
53.	Inactive, never moves spontaneously	0	1	2	3
54.	Tends to be excessively active	0	1	2	3
55.	Responds negatively to affection	0	1	2	3
56.	Deliberately ignores directions	0	1	2	3
57.	Has temper outbursts or tantrums when does not get own way	0	1	2	3
58.	Shows few social reactions to others	0	1	2	3

Unless otherwise indicated, all materials on these pages are copyrighted. All rights reserved. No part of these pages, either text or image may be used for any purpose other than personal use.